

FRONT FLAP--title/author

JUDGMENT DAY: My Years with Ayn Rand

Nathaniel Branden

"Do you know what I regard as my greatest personal reward for THE FOUNTAINHEAD? You."

--Ayn Rand to Nathaniel Branden

JUDGMENT DAY is a passionately written, highly theatrical memoir and a psychological tour de force. It is the drama of an intense love affair between a literary genius and a brilliant young man 25 years her junior--against the background of a challenging and controversial philosophical movement. In following the course of a man's intellectual and emotional evolution, we are led to a deeper understanding of the work and life of Ayn Rand, who was his friend, mentor, lover, and enemy. This is an odyssey that profoundly illuminates the relationship of reason and emotion--and the ability of the human spirit to overcome adversity and regenerate itself.

Ayn Rand and Nathaniel Branden were associated for nearly two decades. And for over twenty years, since the time of their explosive break, people all over the world have been asking Branden, "What really happened between you and Ayn Rand?...How could two people who were so close find yourselves in such devastating and irreconcilable conflict?"

Now, for the first time, Nathaniel Branden answers these questions.

## Back Flap

Nathaniel Branden is a prominent psychologist and the author of eleven books, including the best-selling THE PSYCHOLOGY OF SELF-ESTEEM, THE PSYCHOLOGY OF ROMANTIC LOVE, and HONORING THE SELF. He lives in Los Angeles with his wife, Devers, a psychotherapist/author/lecturer.

## Back jacket cover

Nathaniel Branden's decision to write JUDGMENT DAY:

"Turning the pages of my notebook, I stopped at one of my earliest efforts to formulate the concept of [this] memoir early in 1980. 'If I proceed with this, if I tell Ayn's and my story...it will be a new opportunity to write about love, different kinds of love--from love of persons to love of ideas to love of causes--and the extraordinary things love sometimes leads us to do. Additionally, [it will be] an opportunity to write about a brilliant, innovative thinker--an exalted and tortured woman. And to write about the psychology of intellectual movements and why and how even the best of movements can bring out the worst in people as well as the noblest. More personally, it will allow me to explore the process of individuation, the drama of growth and evolution, as it has worked out in my own life. There is something frightening in this--underneath every truth there always seems to be a deeper truth--and that is the appeal and the incentive.'"

From the Prologue

NATHANIEL BRANDEN, Ph.D.

A PROFESSIONAL CORPORATION

1427 Laurel Way, Beverly Hills, California 90210, (213) 274-6361

March 14, 1989

Timothy Leary  
P.O. Box 69886  
Los Angeles, CA 90069

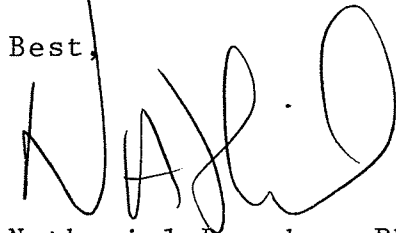
Dear Tim:

Some months ago, following your conversation with Joanne Segel, you expressed an interest in seeing my memoir, Judgment Day: My Years With Ayn Rand. I have asked my publisher, Houghton Mifflin, to send you bound galleys.

I hope you will find the book of interest--I think you will--and perhaps you will be willing to give my publisher a quotable comment. I would be very pleased.

Anyway, when you have read the book, I would be delighted to hear from you. Please give me a call.

Best,

A handwritten signature in black ink, appearing to read 'NATHANIEL BRANDEN', with a large, stylized loop at the end.

Nathaniel Branden, Ph.D.

Enclosures

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## JUDGMENT DAY

MY YEARS WITH AYN RAND

*Nathaniel Branden*

When he was fourteen, Nathaniel Branden read Ayn Rand's seminal masterpiece *The Fountainhead*. So began a journey that led him to an alliance with the founder of the Objectivist movement which spanned nearly eighteen years and ended with an explosive, passionate split.

Branden and his first wife, Barbara, became privileged admirers allowed into the sphere of "the rational." In time they joined Rand and her husband, Frank, to form the center of what was ironically dubbed the Collective, a circle of intellectuals, economists, and individualists gathered around the writing and philosophy of Ayn Rand. During this period Branden and Rand embarked on a passionate and turbulent affair, despite a twenty-five-year age difference and the fact that they were both married. All this took place against the backdrop of the completion of Rand's most famous novel, *Atlas Shrugged*, and the creation of the Nathaniel Branden Institute.

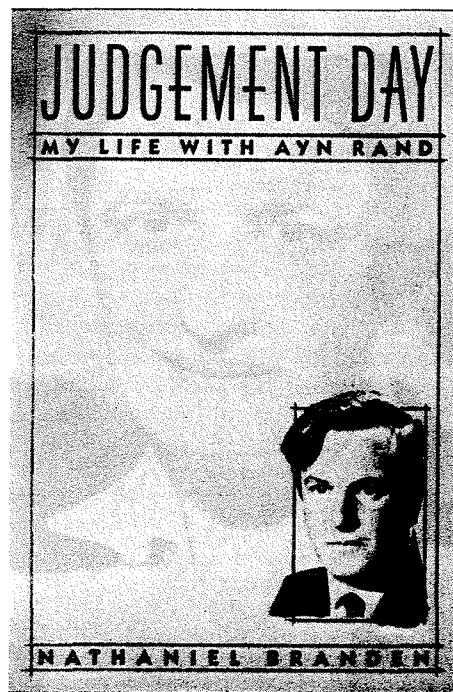
*Judgment Day* explores a world of intellectual obsession where the brilliant, troubled mind of Ayn Rand reigned supreme. Even more dramatic than the novels she wrote, this is the story of the novel she lived.

**Nathaniel Branden** is the author of the million-copy best seller *The Psychology of Self-Esteem*, as well as *The Psychology of Romantic Love* and *Honoring the Self*. He lives in Beverly Hills with his wife, Devers.

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**Nathaniel Branden's  
never-before-told story of his  
turbulent relationship with  
the novelist and philosopher  
Ayn Rand**



~~August~~  
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JUNE

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## ABOUT NATHANIEL BRANDEN

The name Nathaniel Branden has become synonymous with "the psychology of self-esteem," a field he began pioneering nearly thirty years ago. He has done more, perhaps, than any other individual to awaken America's consciousness to the importance of self-esteem to human well-being.

Born in Toronto, Canada, he began his study of psychology at the University of California at Los Angeles in 1949, completed his B.A. at New York University in 1954 and his M.A. in 1956, then acquired his PH.D. in psychology in Los Angeles, in 1973, at the California Graduate Institute.

While studying at UCLA in 1950, he became friendly with the novelist-philosopher Ayn Rand. They formed a close association; and in 1958, in New York City, he established the Nathaniel Branden Institute, an educational organization that offered lecture courses on Ayn Rand's philosophy and on his own psychological theories. These courses were offered in eighty cities throughout North America and in Europe. In 1962 he published his first book, *Who Is Ayn Rand* (Random House), a study of the novelist's work from the standpoint of philosophy, psychology and esthetics.

In 1968 his life changed radically, when personal and intellectual differences led to a break with Ms. Rand. He closed the Nathaniel Branden Institute and moved back to Los Angeles, where he opened a private practice in psychotherapy, taught courses at USC, and founded the Biocentric Institute (recently renamed The Branden Institute For Self-Esteem). His studies led to the writing and publication of three books (Nash Publishing and Bantam Books): *The Psychology of Self-Esteem* (1969); *Breaking Free* (1970); and *The Disowned Self* (1971).

During these years he was developing an innovative approach to psychotherapy, and began offering training through the Biocentric Institute to psychologists, psychiatrists, and other mental health professionals.

(over)

Then, in 1977, he launched a series of Intensives (weekend workshops) that combine teaching and experiential, participatory learning in a wide variety of psychological exercises and processes. These Intensives include: *Self-Esteem and the Art of Being*; *Self-Esteem and Romantic Relationships*; *Self-Esteem and Transformation*; *Contacting Our Higher Self*; *Honoring the Present*; and, more recently, *Empowering the Self*. Now, together with his wife and colleague, Devers, who has co-led his general Intensives for some years, he also offers small-group *Psychotherapy Weekend Intensives*.

In 1980 Dr. Branden published *The Psychology of Romantic Love* (J.P. Tarcher and Bantam Books), followed in 1982 by *The Romantic Love Question & Answer Book*, co-authored by Devers (Tarcher and Bantam).

In 1983 Dr. Branden published a book on communication, *If You Could Hear What I Cannot Say* (Bantam).

In 1984 he published his most comprehensive statement on the theory of self-esteem, *Honoring the Self* (Tarcher and Bantam).

In 1986: *To See What I See and Know What I Know. A Guide to Self-Discovery*. (Bantam) Also in 1986: *The Psychology of High Self-Esteem*. An audio-cassette program. (Nightingale/Conant)

In 1987: *How To Raise Your Self-Esteem* (Bantam). Also in 1987: a revised and expanded edition of *The Romantic Love Question & Answer Book* under a new title--*What Love Asks of Us*.

His newest book, a memoir of the years of his association with Ayn Rand--entitled *Judgment Day*--will be published in June, 1989 by Houghton Mifflin.

He is now at work on a book that will explore the interrelated themes of self-esteem, innovation, entrepreneurship, and cultural transformation--scheduled for publication by Bantam Books in 1991.

His writings have been published in French, German, Japanese, Portuguese, Swedish, Dutch, Hebrew, Greek, and Italian.